



# UR MIND, BODY, SOUL



## 3 Days 2 Nights Premium Wellness Package

Experience the ultimate wellness retreat for your mind, body and soul in the heart of Kuala Lumpur. The RuMa Hotel and Residences is pleased to present the special limited collaboration package with Prince Court Medical Centre. The 3 Days 2 Nights Premium

Wellness Package includes:

- 2 way transportation: Airport – Hotel – Airport
- 2 nights luxury accommodation at Hotel
- 2 way transportation: Hotel – Prince Court Medical Centre – Hotel
- 1 Premier Health Screening for 2 persons at Prince Court Medical Centre
- 1 Three Course Set Lunch for 2 persons at Prince Court Medical Centre
- 2 Three Course Healthy Set Dinner for 2 persons at Hotel
- 1 wellness activity (Sunrise Yoga) for 2 persons at Hotel

Wellness Activities with Supplement Add-ons:

- Pro-Sleep Massage (*Per Person*)
- Dusun Inan Massage (*Per Person*)
- Sound Healing (*1 hour for 2 persons*)
- Pilates (*50 minutes for 2 persons*)

Package rates from RM1,975+ for 1 person and valid until 31 December 2025.

Terms & Conditions:

- This package requires a minimum of two people
- Prices are subject to 8% prevailing tax
- Full non-refundable deposit is required upon reservation confirmation
- Reservation must be confirmed at least 14 days in advance
- Guest must fill up the registration form from Prince Court Medical Centre with full details and return to Hotel prior to arrival

For reservations or enquiries, please email [reservations@theruma.com](mailto:reservations@theruma.com).

### The RuMa Hotel and Residences

7 Jalan Kia Peng, 50450 Kuala Lumpur, Malaysia  
[www.theruma.com](http://www.theruma.com) - T +60 3 2778 0888



**THE RUMA**  
HOTEL AND RESIDENCES